



# Exposure Controls

It is the goal at Woodland to maintain a safe, risk-free environment for campers and staff by:

1. Identifying situations at camp that present a risk of exposure to potentially infectious blood or body fluids.
2. Educating staff in effective measures to prevent such incidents through safe use of equipment and avoidance of exposure.

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## High Risk Situations

1. Applying or changing bandages on a bleeding wound
2. Bedwetting
3. Disposing of sanitary napkins
4. Cleaning bathrooms
5. Human bites
6. Giving mouth-to-mouth resuscitation in an emergency
7. Items soiled from blood or other body fluids

Contact with  
any Body Fluid

Employees  
Subject to  
Exposure

Procedures  
for exposure

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Camp nurse, lifeguards, housekeeping/maintenance staff, counselors, and support staff are all subject to exposure.

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1. Good personal hygiene is essential and careful hand washing with soap for 15 seconds following contact with blood, saliva, or other bodily secretion is the single most important practice.
2. No one should put their hands in others' mouths.
3. Mouth to mouth sharing of food/objects is not allowed.
4. Personal toiletry items are not to be shared.
5. Bleeding or oozing cuts/abrasions are hazardous and should be covered. Persons caring for a person with a cut or abrasion must wear rubber gloves.
6. Items soiled with a carrier's blood or other bodily fluid should be washed with soap and water or disinfected with Bleach, 1/4 cup in one gallon of water.
7. Staff cleaning up bodily fluids must wear rubber gloves and place fluid in fluid pan located in the Bath House.